

Assist Walk Run Ride

Join our Anglicans for Life team Saturday, May 4

- for all ages!

This annual event enables [Assist Pregnancy Center](#) (aka [Metro Women's Care](#)) to offer no-cost options counseling, ultrasound, and practical support to women and men facing an unplanned pregnancy in our community. Every dollar raised makes a difference for LIFE!

Sign up to participate as a walker, runner, or bike rider - and then invite others to sponsor you! Following event completion, stay for food, fun activities, and ministry stories as we celebrate LIFE together! Great for both individuals and families with kids of all ages.

WHERE: The City Gates Church, 9401 Little River Turnpike, Fairfax, VA 22031

WHEN: **May 4 Saturday**

9:15am Arrive & get ready to go! Receive your event swag and put on your WRR t-shirt.*

9:30am We start our Anglicans for Life Team Event** – walking/running/riding in a neighborhood by the church.

10:30am Celebration of LIFE Closing Program with food, fun activities, and prizes. Hear ministry stories and meet Assist staff.

WHAT: 1 mile Family Stroll. Strollers and children with bikes & scooters welcome. Map provided.

5k Walkers & Runners. Map provided.

Bike Choose your own distance & route around City Gates Church or complete a distance bike ride before May 4 and just come to join the festivities.

* Our Team Captain will bring event swag for all participants, including a 2024 event T-shirt for Adults raising \$50 or more, Self-Fundraising kids raising \$25 or more, Families raising \$150 or more.

** This year WRR participants can complete their walk/run/ride anywhere and anytime between April 20 & May 4. Our AFL Team has chosen to complete our athletic event at the Closing Program site so we can enjoy the Closing Program festivities together right after finishing!

HOW DO I JOIN THE ANGLICAN FOR LIFE TEAM?

Register as a participant [here](#).

HOW DO I MAKE A DONATION?

You can sponsor our team, Anglicans for Life, or an individual on our team [here](#) and it all goes towards our team total. Thank you!

QUESTIONS? Ask AFL Team Captain Michelle McCarten at 703-343-3164 or email sgly76@hotmail.com.