

## Post-abortion Healing: DC Metro Area Bible studies and retreats

Organization	Program	Website	Details	Serving	Contact
Archdiocese of Arlington	Project Rachel	<a href="http://hopeafterabortion.com/">http://hopeafterabortion.com/</a>	<p>Project Rachel post-abortion healing ministry offers:</p> <ul style="list-style-type: none"> <li>• Confidential Phone Line answered by trained staff</li> <li>• Post-abortion help for women and men, in both English and Spanish</li> <li>• Free assistance and materials for anyone of any faith or no faith at all</li> <li>• Referral to clergy for spiritual counseling and/or the Sacraments</li> <li>• Referral to Licensed Mental Health Professionals for therapy for complicated grief and trauma</li> <li>• 5 Annual group healing events: <ul style="list-style-type: none"> <li>○ 2 Days of Prayer and Healing (Spring and Fall)</li> <li>○ 2 - ½ day Aftercare retreats (post-March for Life and Mother's Day)</li> <li>○ A Weekend Aftercare Retreat (November)</li> </ul> </li> <li>• Charity care funds for therapy, group healing events or other health related needs</li> <li>• Monthly Devotional mailing</li> <li>• Private online Aftercare Group</li> </ul>	Women-groups and indiv.  Men- indiv.	Sarah LaPierre <a href="mailto:s.lapierre@arlingtondiocese.org">s.lapierre@arlingtondiocese.org</a>
Assist Pregnancy Center	Abortion Recovery Group Bible Studies	<a href="http://assistpartners.org/connect/programs/">http://assistpartners.org/connect/programs/</a>	<p><i>Forgiven &amp; Set Free</i> is a 10-week Bible study offered for women seeking healing from a past abortion. Taught by caring and compassionate leaders in a confidential setting, the study follows the <i>Forgiven &amp; Set Free</i> guide, enabling individuals to heal from the emotional and spiritual effects of abortion in a group context. The study is offered in Fall and Spring in Fairfax VA. Location and Dates available with RSVP. One-on-one support also available.</p>	Women	Vernicia Eure, Client Services Manager <a href="mailto:services@metrowomensva.com">services@metrowomensva.com</a> 703-354-7272  5101-D Backlick Road Annandale VA 22003

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Capitol Hill Pregnancy Center	PATH- Past Abortion Transformation and Healing	<a href="http://www.capitolhillpregnancycenter.org/path.html">http://www.capitolhillpregnancycenter.org/path.html</a>  <a href="http://www.transformingyourstory.org/">http://www.transformingyourstory.org/</a>	<p>PATH provides a confidential environment to process the pain and confusion left by an abortion, either individually or in a small recovery group. Women who themselves found peace after an abortion offer their support and hope. Small groups follow a nine-week biblical guidebook, <i>Transforming Your Story: A path to healing after abortion</i>, in which biblical stories intersect personal stories to bring healing and restoration.</p> <p>Groups are typically offered twice a year (spring and fall), and individual assistance is year-round. Currently groups are for women. The center also offers individual help for women and men. Groups are held in DC and sometimes also in Fairfax, VA.</p>	Women-groups and indiv.  Men- indiv.	Wendy Giancola PATH Director <a href="mailto:path@chpc.us">path@chpc.us</a> 202-631-7550
McLean Bible Church	Abortion Recovery Bible Study	<a href="https://www.mcleanbible.org/events/forgiven-set-free-abortion-recovery-study">https://www.mcleanbible.org/events/forgiven-set-free-abortion-recovery-study</a>	<p><i>Forgiven &amp; Set Free</i> is a 9-week study to help free women from the bondage of guilt and grief that can follow an abortion. To learn God's way of love and forgiveness, join the private group study led by women who have journeyed the path of abortion recovery. Register to reserve your materials and to receive location information.</p> <p>The study runs twice per year for women, in Fall and Spring on Thursdays 6:30 -8:30pm at the Leesburg Pike campus of McLean Bible Church.</p>	Women and Men in separate groups	<p>For women: to RSVP and for more information, please contact <a href="mailto:Dixierichards@cox.net">Dixierichards@cox.net</a></p> <p>For men: if you are interested in a similar study, contact Mr. Chung Woo <a href="mailto:chuwoo@yahoo.com">chuwoo@yahoo.com</a></p> <p>McLean Bible Church 8925 Leesburg Pike, Vienna VA</p>
NOVA Pregnancy Help Centers	Abortion recovery groups	<a href="https://novapregnancy.org/">https://novapregnancy.org/</a>	<p>NOVA Pregnancy Help Centers has locations in Alexandria and Fairfax which partner to offer separate groups for women and men.</p> <p>The eight-week women's study, <i>Surrendering the Secret</i> by Pat Layton is offered twice annually.</p> <p>Pastor Vince Hinders of Redeeming Grace Church leads a six-week men's group, also twice annually, using the Bible study <i>Healing a Father's Heart</i> by Linda Cochrane.</p>	Women and Men in separate groups	<p>Alexandria 703-780-4700 <a href="mailto:Dionne.Jones-Maloney@slmpregnancy.org">Dionne.Jones-Maloney@slmpregnancy.org</a> Fairfax 703-278-5433 <a href="mailto:Gail.Johnsen@slmpregnancy.org">Gail.Johnsen@slmpregnancy.org</a></p> <p>Pastor Vince Hinders <a href="mailto:vhindlers@rgcfairfax.org">vhinders@rgcfairfax.org</a></p>

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Rachel's Vineyard	Weekend Retreat	<a href="http://www.rachelsvineyard.org/weekend/retreat-schedule-index.aspx">http://www.rachelsvineyard.org/weekend/retreat-schedule-index.aspx</a>	<p>Rachel's Vineyard weekends are offered throughout the year in locations across the US, Canada, and abroad. Rachel's Vineyard is a ministry of Priests for Life.</p> <p>The program is an opportunity to examine your abortion experience, identify how the loss has impacted you in the past and present, and acknowledge any unresolved feelings you may struggle with after abortion. Because of the emotional numbness and secrecy that often surround an abortion experience, conflicting emotions both during and after the event may remain unresolved. These buried feelings can surface later and may be symptoms of post abortion trauma.</p> <p>Married couples, mothers, fathers, grandparents and siblings of aborted children, as well as persons who have been involved in the abortion industry have come to Rachel's Vineyard in search of peace and inner healing. The weekend is a lot of work but yields a fruitful harvest for all who are willing to labor there. To learn more, please read about our <a href="#">weekend retreats</a>.</p>	Women, Men, Spouses, Families	Do not continue to live in the shame, fear or numbness - call the toll-free national hotline: Rachel's Vineyard: 877 HOPE 4 ME (877-467-3463)
The Falls Church Anglican, SaveOne chapter	Abortion Recovery Bible Study	<a href="https://www.tfcacf.org/">https://www.tfcacf.org/</a>	Have you been impacted by your own abortion or that of a loved one? A 12-week <i>SaveOne</i> post-abortion healing Bible study is being offered for men, women and teens seeking healing from an abortion, whether it occurred recently or long ago. The study is held in Fall and Spring at The Falls Church Anglican offices. Confidentiality is a respected priority.	Women, Men and Teens	<p>The Falls Church Anglican offices, 6565 Arlington Blvd, Falls Church, VA</p> <p>Emily Giacomini 571-282-0210 <a href="mailto:TFCASaveOne@gmail.com">TFCASaveOne@gmail.com</a></p>